GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:5599
ANSWERED ON:29.08.2001
NUTRITIONS AND HEALTH DIET
RAGHUVANSH PRASAD SINGH

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether it has been proved by study made by World Health Organisation that Meat eating caused many diseases are induced including CAD, Cancer etc.;

(b) if so, the details thereof;

(c) the reaction of the Government thereto; and

(d) the steps taken by the Government to promote fibre rich and low fat (organic vegetarian) diet?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI A. RAJA)

(a)&(b): As per WHO report and available information, consumption of red meat which is known to consist of high fat, mainly saturated acids & cholestrol may be associated with increased risk of Cancer and Coronary Heart Diseases(CAD).

(c)&(d): Consumption of non-vegetarian foods in our country is low. However Information, Education and Communication (IEC) activities are being undertaken for promoting nutritious diet, healthy life, prevention of diet related chronic diseases.